

Online Registration via website link



#403-247-3607



office@onestepaheaddance.com



www.onestepaheaddance.com

New Student Referral Discount

Receive a 5% reduction from one dancer's annual tuition for each referral made by September 30, 2024.

Register for Multiple classes and receive a Discount

- 3 classes/week = 5%
- 4 classes/week = 10%
- Maximum total discount of 25%

September 9th, 2024 — 1st day of Dance

Examples of Discount Amounts

2024-2025 DANCE TUITION DISCOUNT TABLE with GST

Duration	Per month tuition cost
15 minutes	\$18.00
30 minutes	\$43.00
45 minutes Mondays only	\$55.00
45 minutes T/W/R classes	\$68.00
60 minutes Mondays only	\$73.00
60 minutes T/W/R classes	\$85.00
Studio Squad Hip Hop Tuesdays	\$65.00



E.C.A. 33 Edgevalley Circle N.W.
 D.C.A. 5432 Dalhart Road N.W.
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Twitter@ OSAdancestudio

Instagram @ osadancestudio

2024-2025

Ballet

Royal Academy of Dance syllabus: classical ballet, free movement & character work. Develop a sense of poise and self confidence. Dancer props will be used: ribbons, wands, scarves, fairy crowns.

Acrobatic Arts

Learn the 5 acrobatic arts skills: flexibility, strength, balance, limbering & tumbling. Acro skills will be transitioned by jazz steps.



Lyrical

For Intermediate and Senior dancers wanting to improve their flexibility, technique & dance dynamics

Musical Theatre

Dance, Drama, Improv and Lip Synching, it's a blast!

Musical Theatre dancing is jazz based.

Jazz

Jazz classes offered with focus on proper dance technique. Centre practice, travelling combos & stretching are integral components of OSA jazz.



Hip Hop

Learn how to pop and lock! A fun and fast-paced dance class.

Dance Program 2024-2025

Dalhousie Community Association

Edgemont Community Centre

Dance Studio

Time

Dance Studio

Time

Monday

Grade One Ballet 4:15-5:00pm
 Grade Three Ballet 5:00-6:00pm
 Grade Four Ballet 6:00-7:00pm
 Intermediate Ballet 7:00-8:00pm
 *Performance Rehearsals 8:15-8:30pm

Tuesday

*Performance Rehearsals available for dancers interested in performing solos, duets and trios in dance competitions

Junior Acro 4:00-4:45pm
 Beginner Pointe Ballet 5:00-5:15pm
 Senior Ballet 5:15-6:15pm
 Senior Pointe Ballet 6:15-6:30pm
 Musical Theatre 6:30-7:30pm
 Studio Squad Hip Hop 7:30-8:30pm
 *Performance Rehearsals 8:30-9:00pm

Wednesday

*Grade3 Ballet Comp 4:45-5:15pm
 *Performance Times 5:15-6:00pm
 *Senior Comp Jazz 6:00-7:00pm
 *Senior Comp Lyrical 7:00-7:30pm
 *Inter Tech Jazz 7:30-8:15pm

Acro Level 3-4 4:15-5:15pm
 Acro Level 4-7 5:15-6:15pm

Thursday

OSA 2025 Competition Dance Team performs at local dance competitions

Pre Intermediate Jazz 4:00-4:45pm
 Intermediate Jazz 4:45-5:30pm
 Intermediate Lyrical 5:30-6:00pm
 *Senior Comp Jazz 6:00-7:00pm
 *Senior Comp Lyrical 7:00-7:45pm
 *Performance Rehearsals 7:45-9:00pm



One Step Ahead celebrating 35+ years of dancing in NW Calgary!

2024-2025

Teaching Staff

Ms. Amanda Miss Jill
 Miss Kylie

OSA Director

Ms. Melinda Morrall (B.A.)

Trained at the Royal Winnipeg Ballet. Graduate with Teaching Diploma from the Royal Academy Dance Teacher's College in London, England. Fully Registered Teacher with Royal Academy of Dance. Certified Level II Acrobatic Arts Teacher and Silver Swans Teacher.