

All 2023-2024
Registration is completed online



#403-247-3607



office@onestepaheaddance.com



www.onestepaheaddance.com

New Student Referral Discount

Receive a 5% reduction from one dancer's annual tuition for each referral made by September 30, 2023.

Register for Multiple classes and receive a Discount

- 3 classes/week = 5%
- 4 classes/week = 10%
- Maximum discount of 25%

Tuesday, September 5th, 2023
is our First Day of Dance
Recital June 15th, 2024

Examples of Discount Amounts

2023-2024 DANCE TUITION DISCOUNT TABLE with GST

Duration	Per month	Referral Discount 5%
15 minutes Pointe on Monday	\$15.00	\$14.25
30 minutes	\$40.00	\$38.01
45 minutes Mondays only	\$55.00	\$52.25
45 minutes T/W/R classes	\$65.00	\$61.75
60 minutes Mondays only	\$75.00	\$71.25
60 minutes T/W/R classes	\$80.00	\$76.00
75 minutes	\$85.00	\$80.76



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#403-247-3607

Twitter@
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2023-2024

Ballet

Royal Academy of Dance syllabus: classical ballet, free movement & character work. Develop a sense of poise and self confidence. Dancer props will be used: ribbons, wands, scarves, fairy crowns.

Acrobatic Arts

Learn the 5 acrobatic arts skills: flexibility, strength, balance, limbering & tumbling. Acro skills will be transitioned by jazz steps.



Lyrical

For Intermediate and Senior dancers wanting to improve their flexibility, technique & dance dynamics

Musical Theatre

Dance, Drama, Improv and Lip Synching, it's a blast!

Musical Theatre dancing is jazz based.

Jazz

Jazz classes offered with focus on proper dance technique. Centre practice, travelling combos & stretching are integral components of OSA jazz.



Hip Hop

Learn how to pop and lock! A fun and fast-paced dance class.

Dance Program 2023-2024

Dalhousie Community Association

Edgemont Community Centre

Dance Studio

Time

Dance Studio

Time

Monday

Annual Recital held
June 15th, 2024

Grade Two Ballet 4:15-5:15pm
Grade Three Ballet 5:15-6:15pm
Grade Four Ballet 6:15-7:15pm
Senior Ballet 7:15-8:15pm
Senior Pointe Class 8:15-8:30pm

Tuesday

*Performance Rehearsals available for dancers interested in performing solos, duets and trios in dance competitions

Pre School Ballet 4:00-4:30pm
Primary Ballet 4:30-5:15pm
Inter Ballet 5:15-6:30pm
Musical Theatre I 6:30-7:15pm
*Musical Theatre II 7:15-8:00pm
Teen Hip Hop 8:00-8:45pm
*Performance Rehearsals 8:45-9:15pm

Wednesday

*Grade3 Ballet Comp 4:45-5:15pm
*Performance Times 5:15-6:00pm
*Senior Comp Jazz 6:00-7:00pm
*Senior Comp Lyrical 7:00-7:30pm
*Inter Tech Jazz 7:30-8:15pm

Acro Level 2-4 4:15-5:15pm
Acro Level 3-6 5:15-6:15pm

Thursday

OSA 2024 Competition Dance Team performs at local dance competitions

Junior Jazz 4:00-4:45pm
Pre Inter Level I Jazz 4:45-5:30pm
Pre Inter Lyrical 5:30-6:00pm
Pre Inter Level II Jazz 6:00-6:45pm
*Inter Comp Jazz 6:45-7:45pm
*Inter Comp Lyrical 7:45-8:30pm



One Step Ahead
celebrating 35 years of
dancing in NW Calgary!

2023-2024

Teaching Staff

Ms. Amanda Miss Jill
Miss Kylie

OSA Director

Ms. Melinda Morrall (B.A.)

Trained at the Royal Winnipeg Ballet. Graduate with Teaching Diploma from the Royal Academy Dance Teacher's College in London, England. Fully Registered Teacher with Royal Academy of Dance. Certified Level II Acrobatic Arts Teacher and Silver Swans Teacher.