

All 2022-2023
Registration is completed online



#403-247-3607



office@onestepaheaddance.com



www.onestepaheaddance.com

New Student Referral Discount

Receive a 5% reduction from one dancer's annual tuition for each referral made by September 30, 2022.

Register for Multiple classes and receive a Discount

- 3 classes/week = 5%
- 4 classes/week = 10%
- Maximum discount of 25%

Tuesday, September 6th, 2022
is our First Day of Dance
Recital June 17, 2022

Examples of Discount Amounts

2022-2023 DANCE TUITION DISCOUNT TABLE with GST

| Duration | Per month | Referral Discount 5% |
|--------------------------|-----------|----------------------|
| 45 minutes Mondays only | \$55.00 | \$52.25 |
| 45 minutes T/W/R classes | \$65.00 | \$61.75 |
| 60 minutes Mondays only | \$75.00 | \$71.25 |
| 60 minutes T/W/R classes | \$80.00 | \$76.00 |



E.C.A. 33 Edgevalley Circle N.W.
D.C.A. 5432 Dalhart Road N.W.
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#403-247-3607

Twitter@
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2022-2023

Alumni Elites

Adult Dance Fitness

A combination jazz and lyrical dance class with a focus on technique and conditioning. Former graduates of OSA and dancers with several years training are invited.

No performances.



Acrobatic Arts

Learn the 5 acrobatic arts skills: flexibility, strength, balance, limbering & tumbling. Acro skills will be transitioned by jazz steps.

Lyrical & Kylie's Kontemporary

Intermediate-Senior dancers wanting to improve their flexibility, technique & dance dynamics

Musical Theatre

Dance, Drama, Improv and Lip Synching, it's a blast!

Musical Theatre dancing is jazz based.

Jazz

Jazz classes offered with focus on proper dance technique. Centre practice, travelling combos & stretching are integral components of OSA jazz.



Ballet

Royal Academy of Dance syllabus: classical ballet, free movement & character work. Develop a sense of poise and self confidence. Dancer props will be used: ribbons, wands, scarves, fairy crowns.

Hip Hop

Learn how to pop and lock! A fun and fast-paced dance

Dance Program 2022-2023

Dalhousie Community Association

Edgemont Community Centre

Dance Studio

Time

Small Studio

Time

Monday

Annual Recital held
June 17th, 2022

Grade One Ballet 4:15-5:00pm
Grade Two Ballet 5:00-6:00pm
Grade Three/Four Ballet 6:00-7:00pm
Senior Ballet 7:00-8:00pm
Alumni Elites 8:00-9:00pm
Pointe Class 9:00-9:15pm

Tuesday

*Private Lessons available for dancers interested in performing in dance competitions

Pre Primary Ballet 4:00-4:45pm
Grade Two Ballet 4:45-5:30pm
Inters Ballet 5:30-6:30pm
Musical Theatre 6:30-7:15pm
*Hip Hop Ages 14+ 8:00-9:00pm

Wednesday

*Senior Comp Jazz 5:00-6:00pm
*Senior Comp Lyrical 6:00-6:45pm
Alumni Elites 6:45-8:15pm
*Performance Times 8:15-9:15pm

Acro Level 2-4 4:15-5:15pm
Acro Level 3-6 5:15-6:15pm

Thursday

OSA 2023 Competition Dance Team performs at local dance competitions

Junior Jazz 6-8 yrs 4:00-4:45pm
Pre Intermediate Jazz 4:45-5:30pm
Inters Jazz 5:30-6:30pm
Inters Lyrical 6:30-7:00pm
*Kylie's Kontemporary 7:00-7:45pm
*Performance Rehearsals 7:45-8:15pm



One Step Ahead
celebrating 30+ years of
dancing in NW Calgary!

2022-2023

Teaching Staff

Ms. Amanda Miss Jill
Miss Kylie

OSA Director

Ms. Melinda Morrall (B.A.)

Trained at the Royal Winnipeg Ballet. Graduate with Teaching Diploma from the Royal Academy Dance Teacher's College in London, England. Fully Registered Teacher with Royal Academy of Dance. Certified Level II Acrobatic Arts Teacher and Silver Swans Teacher.