

# One Step Ahead

## Required Dance Attire 2022 -2023



### **NEW\*** Acrobatic Arts: Levels 1-8

Tank style bodysuit any colour, no sleeves. Black dance shorts, bare feet and legs. Hair worn in a pony, no bangs, loose. Hair must be in a secure, low bun if long enough to step on when in a bridge, cartwheel, donkey kick etc.

**ABSOLUTELY NO STREET WEAR** (safety issue with inversions)

<b>Ballet</b>	<b>Footwear</b>	<b>Legs</b>	<b>Body</b>	<b>Accessories</b>
<b>Pre School, Pre Primary Primary I and II</b>	Pink <b>Leather</b> ballet slippers, <b>FULL</b> sole with elastics	Ballet Pink Tights	Mondor #1645 cotton or #3545 lycra True Pink tank leotard	#16207 <b>pull-on</b> chiffon skirt in True Pink
<b>Grades: One and Two</b>	Pink canvas ballet slippers with split soles & elastics Black Canvas Character shoes: <b>Low heel Grade 1-2</b>	Ballet Pink Tights	Mondor #1645 <b>Lilac Tank leotard</b> with matching waist belt	<b>Lilac Wrap Skirt #16100</b> Black Character skirt with 5/8"ribbons in studio colours from waist to hem ribbons: white, pink, royal blue.
<b>Grades: Three, Three, Four &amp; Five Ballet</b>	Pink canvas ballet slippers with split soles & elastics Black Canvas Character Shoes: <b>Cuban heel</b>	Convertible Style Ballet Pink Tights	<b>Style/colour Paradise Blue</b> Gathered Front option Mondor #3505 <b>N.B. no skirt</b>	Black Character Skirt with Studio Colours with 5/8"ribbons: white, pink royal blue <b>Hair in Bun</b>
<b>Inters, Senior and Alumni Elite Ballet</b>	Pink canvas ballet slippers with split soles and elastics	Convertible Ballet Pink Tights	Sleeveless leotard, any style/colour Wrap skirt	<b>Hair in Bun</b> <b>*Pointe Shoes if in Pointe Class</b>
<b>Acrobatics</b>	<b>Footwear</b>	<b>Legs</b>	<b>Body</b>	<b>Accessories</b>
<b>All Levels</b>	Beige jazz slip-ons	Black dance shorts or leggings. For recital will likely require beige tights	Fitted Dance top or leotard of any style and colour.	– see grooming

Jazz	Footwear	Legs	Body	Accessories
All Levels	Beige jazz slip-ons	Black dance shorts or leggings. <b>No leggings in Ms. Amanda's classes.</b> Recital will likely require beige tights	Fitted Dance top or Leotard of any style and colour.	– see grooming
Other	Footwear	Legs	Body	Accessories
Lyrical Ms. Amanda	Capezio Pirouette II Canvas half sole	Black dance shorts Recital will likely require beige tights	Fitted Dance top or Leotard of any style and colour.	– see grooming
Kontemporary or Lyrical Miss Kylie	Beige Jazz Slips ons & Capezio Foot Undeez in Nude: gel or mesh	Black dance shorts or leggings. Recital will likely require beige tights	Fitted Dance top or Leotard of any style and colour.	– see grooming
Musical Theatre	Beige jazz slip-ons	Black dance shorts or leggings. Recital will likely require beige tights	Fitted Dance top or Leotard of any style and colour.	– see grooming
Hip Hop	Black indoor only runners, white soles	NO JEANS	Loose Clothing	– see grooming

**GROOMING – HAIR:**

All dance classes: hair must be worn in an **up-do** style if touches shoulders, i.e. braids, ponies, bun, etc. If hair is in short style, please use a hair band, clips or barrettes. NO jewelry please!

**Hint:** please keep a hair supplies: hair elastics, pins, hair net, small brush in your child's dance bag at all times. **Water bottles and snacks are always appreciated by your dancer.**



**Character skirt and shoes**

**Dance Wear Supplier:**

- City Dancewear, #106, 5403 Crowchild Trail N.W. #403-288-3060  
custom character skirt ~ \$75+ character shoes low or Cuban ~\$65