

**2021-2022
Online Registration Only**



#403-247-3607



office@onestepaheaddance.com



www.onestepaheaddance.com

New Student Referral Discount

Receive a 5% reduction from one dancer's annual tuition for each referral made by September 30, 2021.

Register for Multiple classes and receive a Discount

3 classes/week = 5%

4 classes/week = 10%

Maximum discount of 25%

**Tuesday, September 7th, 2021
is our First Day of Dance**

2021-2022 DANCE TUITION DISCOUNT TABLE with GST

Duration	Per month	Referral Discount 5%
15 minutes	\$20.00	\$19.00
45 minutes	\$60.00	\$57.00
60 minutes	\$75.00	\$71.25
75 minutes	\$75.00	\$71.25



E.C.A. 33 Edgevalley Circle N.W.

D.C.A. 5432 Dalhart Road N.W.

www.onestepaheaddance.com

Twitter@
OSAdancestudio

Instagram @
osadancestudio

2021-2022

Silver Swans

#Adult Barre and Dance Fitness

-8 week session starting in October 2021

Ever wanted to learn ballet? Never had the chance! Learn the basic steps, do some stretching and move with more grace and better posture. Join us!

Acrobatic Arts

Learn the 5 acrobatic arts skills: flexibility, strength, balance, limbering & tumbling. Acro skills will be transitioned by jazz steps.



Lyrical

Intermediate+ level dancers wanting to improve their flexibility, technique and dance quality

Musical Theatre

Dance, Drama, Improv and Vocalisations, so much fun! Theatre Dance Movements are jazz based.

Jazz

Jazz classes offered with focus on proper dance technique. Centre practice, travelling combos & stretching are integral components of OSA jazz.

*performs in local dance competitions



Ballet

Royal Academy of Dance syllabus: classical ballet, free movement & character work. Develop a sense of poise and self confidence. Dancer props will be used: ribbons, wands, scarves, fairy crowns.

Hip Hop

Learn how to pop and lock! A fun and fast-paced dance

OSA Dance Program 2021-2022



One Step Ahead
celebrating 30+ years of
dancing in NW Calgary!

2021-2022

Teaching Staff

Ms. Amanda Miss Jill
Miss Kylie

OSA Director

Ms. Melinda Morrall (B.A.)
Trained at the Royal Winnipeg Ballet. Graduate with Teaching Diploma from the Royal Academy Dance Teacher's College in London, England. Fully Registered Teacher with Royal Academy of Dance. Certified Level II Acrobatic Arts Teacher and Silver Swans Teacher.

Dalhousie Community Association

Edgemont Community Centre

Dance Studio

Time

Large Studio

Time

Small Studio

Time

Monday

www.onestepaheaddance.com

* competition class

sessional class offered in 2021

Pre Primary Ballet 4:00-4:45pm

Grade One Ballet 4:45-5:30pm

Grade Three Ballet 5:30-6:30pm

Senior Ballet 6:30-7:30pm

Pointe Class 7:30-7:45pm

#Silver Swans 7:45-8:30pm

Tuesday

M.T. privates 5:30-6:45pm

Grade IV Ballet 4:30-5:30pm

Grade VI Ballet 5:30-6:30pm

Inter. Musical Theatre 6:30-7:15pm

*Musical Theatre 7:45-8:30pm

Snr Hip Hop 15+ yrs 8:30-9:15pm

Wednesday

*Inter Comp Jazz 4:30-5:30pm

Inter. Lyrical 5:30-6:15pm

*Senior Comp Jazz 6:15-7:15pm

*Senior Comp Lyrical 7:15-8:30pm

Recital June 19, 2021

Acro Level 2-4 4:15-5:15pm

Acro Level 3-6 5:15-6:15pm

Thursday

*Intermediate Ballet 4:15-5:15pm

*Senior Ballet 5:15-6:30pm

First Day of Dance
Tuesday, September 7, 2021

Junior Jazz 8-11 yrs 4:15-5:00pm

*Pre Intermediate Jazz 5:00-6:00pm

Teen Jazz & Lyrical 6:00-7:15pm

OSA Office
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Private Lessons Available for
comp. solos/duets/trios