

2020-2021  
Online Registration Only



#403-247-3607



office@onestepaheaddance.com



www.onestepaheaddance.com

**New Student Referral Discount**

Receive a 5% reduction from one dancer's annual tuition for each referral made by September 30, 2020.

**Register for Multiple classes and receive a Discount**

3 classes/week = 5%

4 classes/week = 10%

Maximum discount of 25%

**Tuesday, September 8th, 2020  
is our First Day of Dance**

2020-2021 DANCE TUITION DISCOUNT TABLE with GST

Duration	Per month	Referral Discount 5%
15 minutes	\$20.00	\$19.00
45 minutes	\$60.00	\$57.00
60 minutes	\$75.00	\$71.25
75 minutes	\$75.00	\$71.25



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www.onestepaheaddance.com

Twitter@  
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osadancestudio

2020-2021

## Silver Swans

### #Adult Barre and Dance Fitness

-10 week session starting in January 2021

Ever wanted to learn ballet? Never had the chance! Learn the basic steps, do some stretching and move with more grace and better posture. Join us!

### Acrobatic Arts

Primary and Levels 1-8 offered. Learn the 5 acrobatic arts skills: flexibility, strength, balance, limbering & tumbling. Acro skills will be transitioned by jazz steps.



## Lyrical

For intermediate level dancers wanting to improve their flexibility, technique and dance quality

## Musical Theatre

Dance, Drama, Improv and Vocalisations, so much fun! Theatre Dance Movements are jazz based.

## Jazz

Jazz classes offered with focus on proper dance technique. Centre practice, travelling combos & stretching are integral components of OSA jazz.



## Ballet

Royal Academy of Dance syllabus: classical ballet, free movement & character work. Develop a sense of poise and self confidence. Younger dancers use ribbons, wands, scarves, fairy crowns.

## Hip Hop

Learn how to pop and lock! A fun and fast-paced dance

# OSA Dance Program 2020-2021



One Step Ahead celebrating 30+ years of dancing in NW Calgary!

## 2020-2021

### Teaching Staff

Ms. Amanda Miss Jill  
Miss Kylie

## OSA Director

**Ms. Melinda Morrall (B.A.)**  
Trained at the Royal Winnipeg Ballet. Graduate with Teaching Diploma from the Royal Academy Dance Teacher's College in London, England. Fully Registered Teacher with Royal Academy of Dance. Certified Level II Acrobatic Arts Teacher and Silver Swans Teacher.

### Dalhousie Community Association

### Edgemont Community Centre

	Dance Studio	Time	Large Studio	Time	Small Studio	Time
<b>Monday</b>	Primary II Ballet Grade 2 Year II Ballet Intermediate Ballet Senior Ballet Pointe Class	4:00-4:45pm 5:00-6:00pm 6:15-7:15pm 7:30-8:30pm 8:30-8:45pm			www.onestepaheaddance.com * competition class # sessional class offered in 2021	
<b>Tuesday</b>			M.T. privates	5:30-6:45pm	Grade IV Ballet Grade V Ballet Inter. Musical Theatre *Musical Theatre Snr Hip Hop 15+ yrs	4:15-5:15pm 5:30-6:30pm 6:45-7:30pm 7:45-8:30pm 8:30-9:15pm
<b>Wednesday</b>	*Inter Comp Jazz Inter. Lyrical *Senior Comp Jazz *Senior Comp Lyrical	4:30-5:30pm 5:30-6:15pm 6:30-7:30pm 7:30-8:30pm	<i>Recital is June 19, 2021</i>		Acro Level 2-4 Acro Level 3-6  #Silver Swans TBD	4:15-5:15pm 5:30-6:30pm
<b>Thursday</b>	*Senior Ballet *Comp Ballet	5:00-6:00pm 6:00-6:30pm	<i>First Day of Dance Tuesday, September 8th, 2020</i>		Junior Jazz 7-9 yrs *Pre Inter Comp Jazz Teen Jazz & Lyrical	4:15-5:00pm 5:15-6:15pm 6:30-7:45pm
	OSA Office #403-247-3607		Private Lessons Available for comp. solos/duets/trios			